



First Class Free **WITH HEIDI DIOUF**

**POWER PACKED CARDIO FITNESS
TO WORLD MUSIC**

**WOLF FITNESS
14 JOHN STREET
SALINAS, CA 93901**

**TUESDAY AND THURSDAY
8:30 A.M. AND 5:30 P.M.**

**LATIN AND WORLD BEAT GROOVES
TO MULTICULTURAL MOVES**

GROOVE WITH A GOAL: EXPECT GREAT RESULTS!

Regular fees schedule \$30/month unlimited classes or \$10/drop in

“Heidi's Zumba classes are amazing. There's a lot of fun music variety. Easy steps to learn. It's so much fun it doesn't even seem like exercising. It's addictive. Heidi is a great Zumba instructor!”

Maribel Correa